



High Weald Hero Activity Card

Journey Sticks



Location: Throughout your walk

Audience: KS1 & 2

Equipment: An interesting stick (which is easy to carry), a length of wool or elastic bands

Time: Varies – can be used throughout whole walk or just a section if preferred

An activity that engages children with the outdoor environment and acts as a prompt for follow-on activities back in the classroom

Activity description: Children to pick up natural objects that you find on the walk (leaves, feathers, bark, seeds etc) and either wrap them onto the stick with the wool or tuck them under elastic bands that have been wound onto the stick. The stick describes the journey they have been on and can be used to swap experiences and stories with one another and for follow up work in the classroom.



High Weald Teaching Point: The children's journey today would have been different to journeys made in the past. For example, Mesolithic hunter gatherers would have travelled across a large area, used sandstone outcrops as shelters and have hunted for food. Tudors would have been working hard to chop down wood to feed the blast furnace to make iron. Get the children to think about what might have been the same or different about their journey compared to someone in Tudor, Roman or Mesolithic times.

Activity inspired by Gordon MacLellan, Talking to the Earth ISBN 1 -898307-43-1

Be a High Weald Hero - you can make a difference