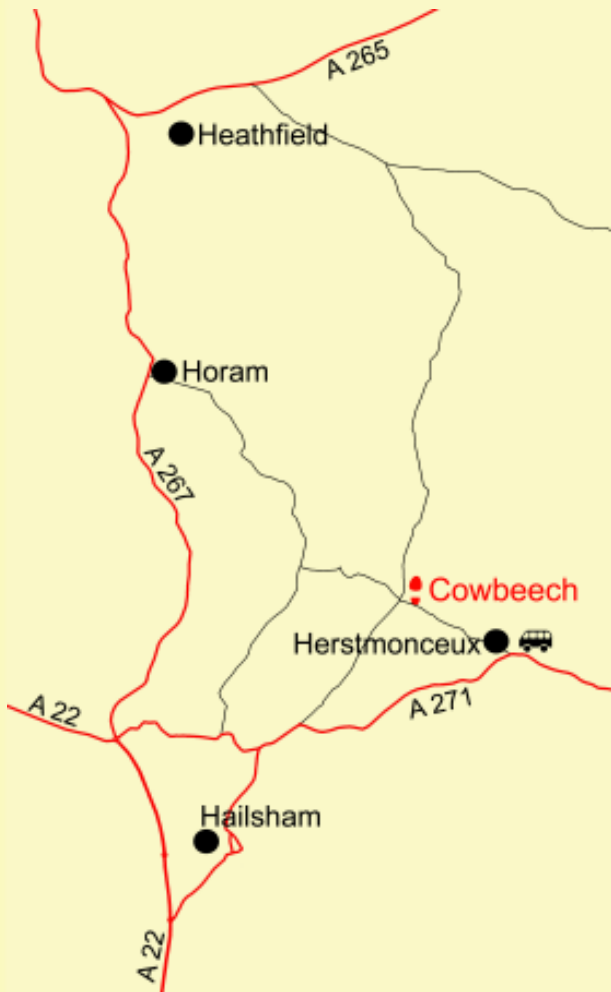




### Location Map




Location Symbols

-  Bus stop/Request stop
-  Walk Location

### Essential Information

**Distance:**  
4.5 miles/7 kms

**Walk grade:**  
 2 A generally easy walk along country lanes and across fields with a few stiles.

**Maps:**  
OS Explorer 123  
OS Landranger 199

**Start/Finish:**  
The Merrie Harriers TQ 619146

**Public Transport:**  
**Buses:** A regular bus service operates Monday to Saturday between Eastbourne and Hastings via Hailsham, with a stop in Herstmonceux, approx. 1.5 miles from Cowbeech.

**Parking:**  
Patrons are welcome to use the pub car park whilst on the walk. Alternative parking is available on street in Cowbeech



# Cowbeech Walk



## *Paths to Prosperity*

East Sussex is a welcome haven for walkers in the busy south-east of England, with over two thirds of the County covered by the High Weald and Sussex Downs Areas of Outstanding Natural Beauty.

There is also a wealth of picturesque villages, country houses and parkland hidden within its rolling landscape, waiting to be discovered.

Please come and enjoy the unique splendours of our countryside, but please also support the local businesses that help make the countryside the vibrant place that it is today.

### The Countryside Code

- Be Safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home
- Keep dogs under close control
- Consider other people

This route is based on one published by Power Publications in the book *Pub Walks in East Sussex*. If you enjoyed the walk and would like to explore further similar ones, the guide book can be purchased through local booksellers:-  
ISBN 1-898073-04-X

The information contained in this leaflet was correct at the time of printing (March 2005)

## *Refreshments and Local Services*

(see map for location)

- 1 The Merrie Harriers**  
Public House and Restaurant - 01323 833108
- 2 The Mill**  
Bed and Breakfast Accommodation - 01323 833952
- 3 The Coach House & The Studio**  
Self Catering Accommodation, Cowbeech Road, Rushlake Green - 01435 830203
- 4 The Old Farm**  
Bed and Breakfast Accommodation - 01323 831544
- 5 Merryweathers Herbs**  
Garden Centre, Chilsham Lane, Herstmonceux - 01323 831726
- 6 The Stud Farm**  
Bed and Breakfast Accommodation, Bodle Street Green - 01323 833201
- 7 The Woolpack Inn**  
Public House, Hailsham Road, Herstmonceux - 01323 833270
- 8 The Brewers Arms**  
Public House, Gardner Street, Herstmonceux - 01323 832226
- 9 Conquerors**  
Bed and Breakfast Accommodation - 01323 832446
- 10 Batchelors**  
Bed and Breakfast Accommodation - 01323 832215

- 11 Windesworth**  
Bed and Breakfast Accommodation - 01323 847178
- 12 The Old Forge**  
Hotel and Restaurant, Magham Down - 01323 842893

Please note that inclusion of business details in this leaflet does not constitute an endorsement of the business by East Sussex County Council or its agents.

We hope that you enjoy the walk in this leaflet, which is one of a series produced by East Sussex County Council.

Copies of the leaflets for other walks in the series are available from Tourist Information Centres and libraries or direct from East Sussex County Council, by contacting the Rights of Way Team:-

**By phone on:-**  
01273 482250 / 482354 / 482324

**By post at:-**  
Transport and Environment Department  
County Hall  
St. Anne's Crescent  
Lewes BN7 1UE

**By e-mail at:-**  
[rightsofway@eastsussex.gov.uk](mailto:rightsofway@eastsussex.gov.uk)

**By downloading from the website at:-**  
[www.eastsussex.gov.uk](http://www.eastsussex.gov.uk)

If any problems are encountered on the walk please report them to the above contact points.

Printed on elemental chlorine-free paper using wood pulp obtained from sustainable forests.



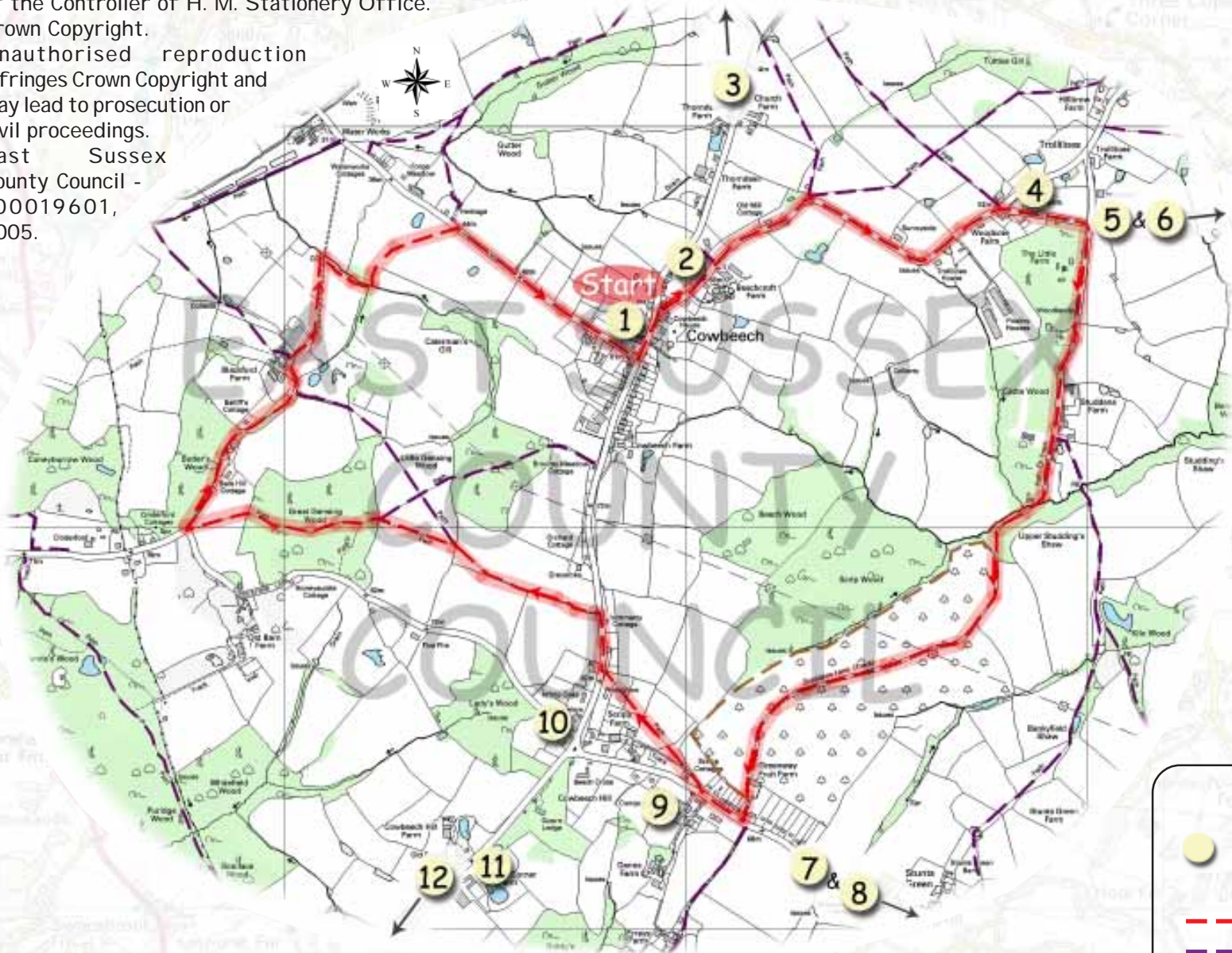
# Cowbeeche Walk

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East Sussex County Council - 100019601, 2005.



View along the walk

## Map Legend

-  Refreshments & Local Services (see over for details)
-  Route
-  Other Public Footpaths
-  Byways Open to all Traffic

0.5 miles

0

1km



Starting from the centre of Cowbeech Village outside the Merrie Harriers, cross the road and follow the lane opposite, signposted to the Trout Farm and Fishery. After approximately 1 km ( $\frac{2}{3}$  mile), turn right at the first road junction into Bemzells Lane. After a further distance of approximately 225 metres (250 yds.), turn right into Studdens Lane, signposted as a dead end road. Follow the lane to the end of the tarmaced section of road, and then continue ahead along the Byway.

At the bottom of the gentle hill, cross the stream by the footbridge, next to the ford, and follow the Byway to reach the edge of the Orchard. At the point where the Byway makes a sharp right hand turn, continue straight ahead through the handgate, to follow the footpath through the Orchard. Turn left immediately after the gate and follow the route around the boundary fence. At the footpath signpost, bear right to follow the main path through the centre of the Orchard heading towards the main barn in the distance. On reaching the barn, follow the path around the right hand side, and then follow the driveway ahead to reach the road at Stunts Green.

Turn right and follow the road for a short distance before bearing right onto the signposted footpath beside Scripp Cottage. Follow the path for a short distance along the surfaced drive, before following the waymarked path leading through the kissing gate, next to the field gate.

Follow the route as waymarked across the next three fields, and after the stile, cross another field in the direction waymarked to reach the road. Turn right, and after a short distance, turn left to cross the stile at the roadside, and join the signposted footpath. Follow the route ahead as signposted, initially along the field edge, keeping the field boundary to your left. At the end of the field boundary, continue ahead, along the unsurfaced farm track.



View from the walk



Cowbeech Village

At the next field boundary, continue to follow the cross field route straight ahead, to reach Great Gensing Wood. Follow the main path through the woodland, and on reaching the field at the far side of the wood, bear left across the field to reach Cinderford Lane.

Turn immediately right to follow the driveway to Blackford Farm. On reaching the concrete section of driveway, continue past the main house and follow the drive round to the right, with the farm buildings on your left.

Continue along the access road to reach a stream. Turn right and follow the route as waymarked along the field edge, with the hedge on your left. At a second waymark post, descend a flight of steps and turn left over a sleeper bridge. Now follow the route uphill into another field. Cross the field, bearing right as waymarked to reach a small field gate, opposite a large house, leading on to Hammer Lane

Turn right to follow Hammer Lane to its junction in Cowbeech Village. Turn left at the end of the road to follow the route back to the Merrie Harriers, and the end of the walk.