



# High Weald Hero Activity Card

## Tree Hugging



**Location:** Woodland  
**Time:** 10-15minutes

**Equipment:** Blindfolds  
**Audience:** KS1 & 2

*An activity that uses senses and promotes close observation*

**Activity Description:** Children are put into pairs. One child is blindfolded and the other child leads them to a nearby tree. The blindfolded child needs to feel the tree to gauge texture, patterns etc. Then they stretch up to see if they can reach any branches and finally hug the trunk to gain an understanding of its girth (circumference).

Once the child thinks they know their tree they are led back to the starting point via a different route, so they cannot memorise their way. The blindfold is then removed and the child attempts to find their tree. Discuss what makes them so sure? What clues are they using?

The child's partner can then reveal if they are correct. Swap roles and repeat.



**High Weald Teaching Point:** Medieval farmers brought their herds of pigs onto the High Weald to fatten them up for winter. The pigs would feast on acorns. Discuss where acorns come from and see if there are any oak trees in the woodland you are in.

Activity adapted from Teaching with Trees, Oldham Council and Pennine Edge Forest

*Be a High Weald Hero - you can make a difference*