



High Weald Hero Activity Card

High Weald Rainbow



Equipment: Collecting bags (optional)

Location: Anywhere on your walk!

Audience: KS1 & 2

Time: 30 minutes

An activity that encourages appreciation of the surroundings

Activity Description: Whilst outside, or travelling along a route, ask the children to find flowers, leaves, twigs and other 'natural' objects in as many different colours as possible. Remind children they are not to break-off or pick things; they must only use what is already on the ground. Can they find a complete rainbow of colours? Encourage them to look closely to find different shades of the same colour, e.g. green or brown. Can children find two different objects that are exactly the same colour? How many different colours can they find in the High Weald landscape?

This is a good activity to be repeated in the same place but at different times of year to allow for comparison and discussion about what has changed and what has stayed the same. Taking photos, drawing pictures and drying out objects found makes a fabulous seasonal display for the classroom!



High Weald Teaching Point: The High Weald can be enjoyed at all times of year - each season adds its own special character. In early Spring, the orchards are awash with pink and white blossom, sheep with newborn lambs graze the area's pasture and heathlands are full of yellow gorse flowers. Late Spring sees Bluebells wash over the area's ancient woodland and wildflowers - Orchids, Daisies and Knapweed appear along the verges of ancient routeways. In Summer, sunken lanes become green tunnels as the tree canopy closes, the landscape takes on a yellow hue as crops ripen, and flowering heather turns heaths and woodland glades purple. In Autumn, the orchards are heavy with fruit, the hedges bear berries and nuts - Blackberries, Sloes, Rosehips, Hazelnuts - and the area's abundant woodland gradually develops its Autumn colours. In Winter, migrating birds are attracted to the coast and valley mists emphasise the High Weald's rolling hills and the form of its native trees - Oak, Ash and Sweet Chestnut.



Check out the Learning Zone at www.highweald.org