

High Weald Hero Activity Card

Sense the view



Equipment: A good view

Time: 10 minutes



Activity description: Working in pairs choose one to be the prompter, and the other to be the responder. The prompter sits or stands behind to allow the responder an unobstructed view. The prompter, choosing one of the five senses, says.... I see.... I feel... I smell.... I hear.... I taste... I am.... The responder listens to the prompt, then takes some seconds to look at the view, before answering, with for example,..... the drifting clouds.... the waving grass...the wind on my face.

Adapted from a Joseph Cornell Activity

Be a High Weald Hero - you can make a difference