

## Chapters

Chapter 1 Horsham to Cuckfield 23.3km (14.5 miles) A Forest Landscape

Chapter 2 Cuckfield to East Grinstead 27.4km (17.0 miles) A Landscape for Leisure

Chapter 3 East Grinstead to Groombridge
21.0km (13.1 miles)

Man's Mark on the Landscape

Chapter 4 Groombridge to Matfield 22.8km (14.1 miles) A Lordly Landscape

Chapter 5 Matfield to Rolvenden 30.6km (19 miles) A Productive Landscape

Chapter 6 Rolvenden to Flackley Ash 20.0km (12.5 miles) A Changing Landscape

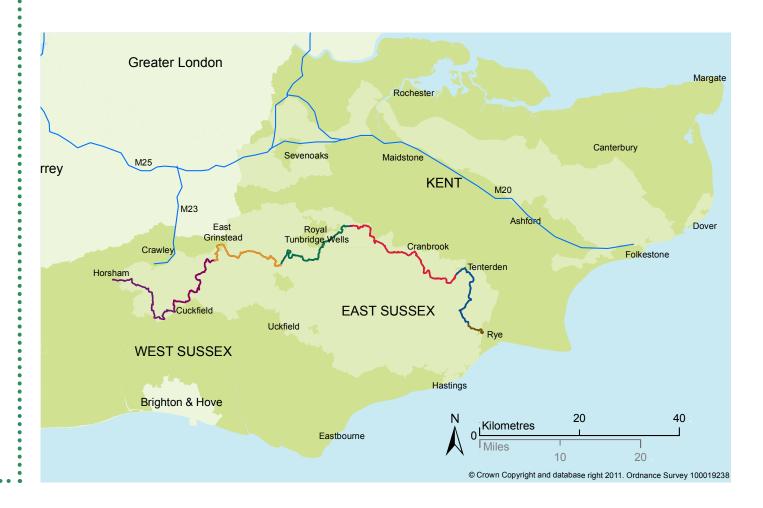
Chapter 7 Flackley Ash to Rye 7.1km (4.4 miles) A Landscape of Rivers and Marsh

# The High Weald Landscape Trail

The High Weald Landscape Trail crosses the counties of West Sussex, East Sussex and Kent providing an opportunity to explore the heart of south-east England.

Meandering through one of England's finest landscapes - the High Weald - the 145 kilometre/95 mile Trail links the area's ridge-top villages and allows exploration of the features that make the area unique.

To find out more about the area's special features, watch the videos at www.highweald.org/learn/about-the-high-weald.html or to download a spotter's guide visit www.highweald.org.html



### Guide Information

#### Maps

The route maps are reproduced from the Ordnance Survey Explorer Series and are of a scale no smaller than 1:25,000.

All sections of the walk follow legally defined rights of way unless otherwise indicated on route maps. Before using the route guide, walkers are advised to study the key to the route maps and map symbols. It is also recommended that you take an OS Explorer map with you.

#### Walking the route

Route maps and features of interest are set out for walking the route in an easterly direction and can be read in reverse if walking the route in a westerly direction.

#### Distances and times

The distances in the guidebook are given in kilometres and miles. The exact conversion of miles to kilometres is 1 mile to 1.6093km. For convenience the approximate conversion is 1 mile to 1.6km.

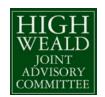
#### Waymarking

In West Sussex the route is waymarked by a metal, circular High Weald Landscape Trail disc on wooden finger posts. Occasionally fingers are routed with "High Weald Landscape Trail". In East Sussex the route is waymarked with metal, circular High Weald Landscape Trail discs routed into the directional blue and yellow arrows used to sign the rights of way network. In Kent the route is waymarked by circular waymark discs with the trail logo in the centre of the directional arrow. These are yellow for a public footpath, blue for a public bridleway and red for a public byway.

You will see the waymarkers fixed to posts, or gates or stiles. The walk has been waymarked in such a way that it is possible to walk the route in either direction. In Kent, link routes that connect the path with towns and train stations are also waymarked with the High Weald Landscape Trail logo.



Produced by the High Weald Joint Advisory Committee 2012



With support from:













This onguide has been created using material produced for the High Weald Landscape Trail Guidebook published in 1999.

Authors – Lorna Jenner, Eila Lawton, Gerry Sherwin Illustrator – Sandra Fernandez Photographers - High Weald AONB Unit staff Images of Horsham town centre - Horsham District Council Image of the Ypres Tower - Rye Museum

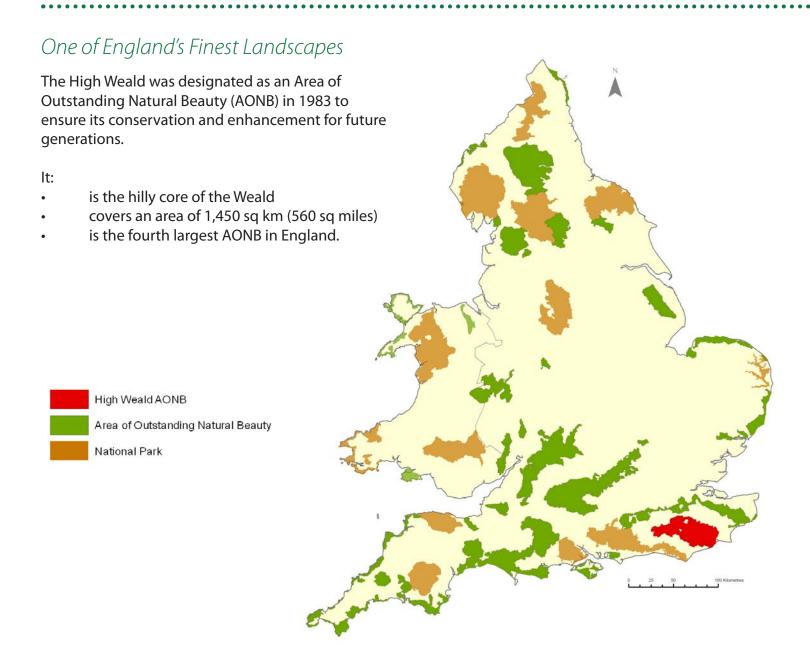
Designed by Explore Kent.



# High Weald Area of Outstanding Natural Beauty



# About the High Weald



### The Story of the High Weald

As long ago as the Neolithic period, (8,000 to 800 BC) or even earlier, farmers from the South Downs, North Downs and coastal plains began to use the area's woods as a seasonal source of food for their animals. Each year, in late summer or early autumn, they would drive their pigs into the High Weald woods to fatten them on acorns and beech mast (nuts), an activity known as "pannage". Farmers would return with their pigs to the same woodland pastures - known as "dens" - year after year. Pannage, more than any other activity, has created the character of the landscape we see today; the High Weald is still essentially a medieval landscape.



# The Key Character Components of the High Weald

The five key components are:

#### Narrow, often sunken lanes



Pigs being driven along the same route between their parent villages in the Downs and the High Weald formed tracks, known as droves. The radiating network of roughly north-south droving routes lives on as the area's roads, lanes, bridleways and footpaths. Many have become sunken, after centuries of use by trotters, feet, hooves - and later, cartwheels.

#### Scattered farmsteads and hamlets



Over 38 per cent of the area's houses are in the countryside outside villages. The area's distinctive pattern of scattered settlements stems from the dens that were scattered across the area – over time they became permanent farmsteads and hamlets, many of which remain today.

### Abundant, interconnected ancient woods and hedges



Woodlands have been a valuable resource for centuries, yielding acorns for pigs, timber for building, fuel for heating and charcoal for iron-smelting. As a result, numerous small woods interconnected by narrow shaws (strips of deciduous woodland between fields and along roadsides) and hedges still cover one-third of the High Weald, making it one of the most densely wooded parts of the country.

## Small, irregular-shaped fields and heaths



Small, irregularly-shaped fields were hewn out of woodland pastures by settlers to create the farmed landscape we know today. Though parkland creation and agricultural developments have led to boundary changes, the shape of many fields hasn't changed in centuries.

Rolling hills dissected by steepsided gill streams, studded with sandstone outcrops and dotted with ponds



Clays form the low valleys of the High Weald, while harder sandstone forms the high ridges that run east-west. The sandstone outcrops scattered across the area and cliffs at the coast are a sign of what lies underneath. Gills – steep-sided, narrow, often wooded valleys with small, fast flowing streams - support liverworts and mosses. Many ponds are often by-products of past industries; fish ponds, mineral extraction, marl pits, hammer ponds and mill ponds. They are often found hidden in woodlands, tucked in field corners and next to farmsteads.

These fundamental characteristics of the High Weald AONB are enriched by locally distinctive and nationally important details. These include castles, abbeys, historic parks and gardens, hop gardens and orchards, oast houses and parish churches, veteran trees and local populations of key threatened species.



# Symbols Key

PC

**Parking** 

Information Centre

**Visitor Centre** 

**Public Convenience** 

**Forestry Commission** 

**Public Telephone** 

Camp Site

Caravan Site

Camp/Caravan Site

Leisure Centre

Golf Course

Picnic Site

Walks/Trails

Cycle Trail

Horse Riding

**Public House** 

Viewpoint

Country Park

Garden

Nature Reserve

**Water Activities** 

Slipway

**Fishing** 

Theme/ Pleasure Park

Cathedral/ Abbey

Museum

Castle/ Fort

**Building of Historic Interest** 

₽ **English Heritage** 

**National Trust** 

Other Tourist Feature

High Weald Landscape Trail

Interesting feature

Bus stop

Train station

Stile

Viewpoint

Gate

Hazards/Take care

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Order maps over the telephone (by cheque, credit or debit *card) by calling Kent County Council on:* 

08458 247 600

(Mon - Fri: 8am - 8pm)



### **Useful Information**

Plan ahead for your walk. Take all the information you require with you. Find tips for planning your walk on www.kent.gov.uk/explorekent



To plan your journey using public transport you can find travel information and advice, by calling Traveline on:

0871 200 22 33

Available from 8am until 8pm. Calls charged at the national rate.

traveline

Be safe, plan ahead and follow any signs. Leave gates as you find them. Protect plants and animals, and take your litter home. Keep dogs under close control.



For further information visit: www.countrysideaccess.gov.uk

### Signage on public rights of way





Footpath







Bridleway



















Restricted Byway

### Reporting a problem

If you experience a problem on the High Weald Landscape Trail please contact:

West Sussex County Council - Horsham to East Grinstead section 01243 777620 prow@westsussex.gov.uk www.westsussex.gov.uk

East Sussex County Council - East Grinstead to near Matfield (feature of interest 87) and from near Flackley Ash (feature of interest 135) to Rye sections 0345 608 0193 rightsofway@eastsussex.gov.uk www.eastsussex.gov.uk/rightsofway

Kent County Council - Matfield (feature of interest 87) near Flackley Ash (feature of interest 135) 08453 450210 prow@kent.gov.uk www.kent.gov.uk/countrysideacccess

For other useful information visit the Long Distance Walkers Association website: www.ldwa.org.uk